



NAFI MST-PSB

Ensuring client, victim, and community safety is a paramount mission of the MST-PSB model. Extensive assessment and planning underlie the individualized safety plan of each youth and family.

Treatment commonly incorporates intensive family therapy, cognitive-behavioral therapy, skills building, school and other community system interventions, and clarification work.

Referral Criteria

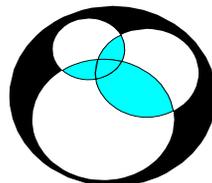
Gender	Male and Female
Ages	10-17 years old
Service Area	All of Rhode Island
Presenting Issues	<p>Youth with problem sexual behavior with an identifiable victim</p> <p>PSB must be the main referral behavior, but youth can also be struggling with:</p> <ul style="list-style-type: none"> • Involvement in the legal system • Physical aggression • Substance use/abuse • Truancy • Theft • Verbal aggression • Property destruction • Runaway behaviors • School suspensions/school expulsions • School failure • At risk of out of home placement

If you have a youth you would like to refer or if you have any further questions regarding NAFI MST PSB, please contact:

Kristen Hodges- MST-PSB
Supervisor

Phone: 401 429-8894

Email: kristenhodges@nafi.com



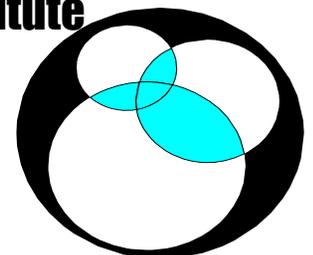
**NORTH AMERICAN FAMILY
INSTITUTE**

501 Centerville Rd Suite 201
Warwick, RI 02886

Multisystemic Therapy for Problem Sexual Behavior MST-PSB

Multisystemic Therapy for Youth with Problem Sexual Behaviors (MST-PSB) is a clinical adaptation of Multisystemic Therapy (MST) that has been specifically designed and developed to treat youth (and their families) for problematic sexual behavior.

**North American Family
Institute**



What is MST-PSB?

Building upon the research and dissemination foundation of standard MST, the MST-PSB model represents a state-of-the-art, evidence-based practice uniquely developed to address the multiple determinants underlying problematic juvenile sexual behavior. This model represents a particularly potent advancement in the treatment of juvenile sexual offenses given the relative infancy of available treatment options, the paucity of outcome-related research supporting other existing treatments, and the high level of social concern regarding the seriousness of target behaviors for this population.

Intensive home based treatment

MST-PSB is delivered in the community (clients' homes, schools, neighborhoods) to ensure ecological validity and treatment generalization, occurs with a high level of intensity and frequency (often three or more sessions per week), incorporates treatment interventions that are strongly supported and informed by research, and places a high premium on approaching each client/family as unique.

Caseload averages 3-4 families per therapist

Smaller caseloads provide the flexibility and availability of the therapist to provide intensive treatment to each and every one of their families

24 hours a day/7 Days a week On call support

We will provide support to our families after hours, weekends, and holidays through our 24/7 On call system

Length of treatment averages 5-7 months

MST PSB is an intensive program with the goal of making sustainable positive changes within the youth, their families, and their community

What can you expect from your MST therapist?



Advanced structural and strategic family therapy skills

Masters leveled therapists are trained intensively in the MST model and the PSB adaptation.

Strong focus on recognizing and addressing denial and minimization

Therapists will devote a considerable amount of time and effort to help family members acknowledge the youths sexual offense

Assessment of sexual trauma impact (on everyone)

Therapists will be assessing the offenders own victimization, the impact of abuse, and related treatment needs.

Strong focus on PSB specific safety planning

Caregivers will hold ultimate responsibility for monitoring and managing the youth's behaviors. Each safety plan will be uniquely designed to fit the individual characteristics of the youth, his/her offense, family characteristics, physical environment, etc.



Family systems based approach to clarification

The MST-PSB approach to clarification is quite different from that use in standard sex offender treatment in that:

- Clarification will be implemented within a family systems context vs. a group or individual treatment context
- Typically initiated within sessions involving caregivers and offenders

The ideal goals of clarification are to:

1. Have the youth acknowledge the problem sexual behavior
2. Ensure that the youth, and not the victim, is held responsible
3. Develop a clear sequence of events that took place
4. Develop risk reduction and safety planning