



### At a Glance

#### **OUR MISSION**

Creating Diverse and Innovative Services for People

#### WEBSITE

www.nafiri.org

#### **TOTAL STAFF**

131

#### **LICENSURE**

Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDA)

Rhode Island Department of Children, Youth and Families (DCYF)

#### **MEMBERSHIP**

Rhode Island Coalition for Children & Families

#### **ORGANIZATION OVERVIEW**

NAFI RI is a multi-service agency that provides programming, consultation, and individualized support services to youth, families and adults in a variety of settings. Foster Care, services for individuals with developmental needs, residential treatment, Evidence-Based Models, in-home services, and training and consultation are the broad scope divisions which make up NAFI RI.

Rooted within all of these diverse services are our common values and beliefs that unite all staff, children, adults and families known as the Normative Community Approach. The Normative Community Approach is not a prescriptive model but rather a culmination of our basic philosophical beliefs about working with people.

#### Our fundamental beliefs, values and assumptions emphasize:

- People can change;
- · Empowerment of individuals in their own care;
- · Respect and dignity must be maintained at all times;
- Education and skill building are essential for sustainable change;
- Recognition and honor of each person's unique strengths and needs; and
- Individualized, cultural, gender responsive, trauma-informed and holistic approach to treatment.

### **Our Locations**

#### **KENT COUNTY**

Rhode Island Regional Office

- Enhanced Outpatient Services (EOS)
- Multi-systemic Therapy (MST)
- Parenting with Love and Limits (PLL)
- Professional Parent Programming (PPP) –
   Assessment & Treatment Foster Care
- · Oakland Beach Program

#### **BRISTOL COUNTY**

- Enhanced Outpatient Services (EOS)
- Multi-systemic Therapy (MST)
- Parenting with Love and Limits (PLL)
- Professional Parent Programming (PPP) –
   Assessment & Treatment Foster Care

#### **PROVIDENCE COUNTY**

- Enhanced Outpatient Services (EOS)
- Multi-systemic Therapy (MST)
- Parenting with Love and Limits (PLL)
- Professional Parent Programming (PPP) –
   Assessment & Treatment Foster Care
- Ridge Street Program
- · Lincoln House

### NEWPORT COUNTY

- Enhanced Outpatient Services (EOS)
- Multi-systemic Therapy (MST)
- · Parenting with Love and Limits (PLL)
- Professional Parent Programming (PPP) –
   Assessment & Treatment Foster Care

#### **WASHINGTON COUNTY**

- Enhanced Outpatient Services (EOS)
- Multi-systemic Therapy (MST)
- Parenting with Love and Limits (PLL)
- Professional Parent Programming (PPP) –
   Assessment & Treatment Foster Care

2 · 2016 ANNUAL REPORT



40+
duffel bags donated to kids in foster care



\$500
raised so no child has o move their belongings in garbage bags

"NAFI is 'top-notch.' NAFI is one the best agencies. More than other programs that are just for 'getting by.' The clinicians [knew] what they were talking about [and] are experienced."



# Shining Moments of 2016

#### LINCOLN HOUSE

After 26 years of being in the same location, Lincoln House moved to a bigger and brighter location in Smithfield, RI.

### ENHANCED OUTPATIENT SERVICES

The EOS program served nearly 700 families in 2016 helping to prevent psychiatric hospitalizations and out-of-home placements for youth.

#### PARENTING WITH LOVE AND LIMITS

The Parenting with Love and Limits Program worked closely with a single mother who had five of her children removed from her home. In August of 2016 all five children were reunified with their mother.

#### **MULTISYSTEMIC THERAPY**

The NAFI MST team brought on a new therapist in 2016. They also hosted their first annual Clothing Swap event to support NAFI's 25th annual Project Turkey. They were able to provide seven families with complete Thanksgiving baskets.

#### PROFESSIONAL PARENT PROGRAM

The Professional Parent Program worked with an intern from the MET School in Providence who is also a former foster care client. For her senior thesis project she partnered with Together We Rise, an organization which provides duffel bags and care packages to kids in foster care. With the support of both her school and NAFI staff she successfully raised \$500 for the project so that no child has to move their belongings in garbage bags.

#### MAIN STREET PROGRAM

The NAFI Main Street Program partnered with a local high school teacher who expressed interest in becoming a foster parent to one of our clients. The young man was successfully placed in her home where he continues to thrive.

# OAKLAND BEACH PROGRAM / RIDGE STREET PROGRAM

The residents and staff of the Oakland Beach and Ridge St. Programs joined together to raise funds for Project Turkey. In addition to hosting the annual Project Turkey golf tournament, they designed tie dye t-shirts to sell and sold every one. Overall, they were able to provide 40 families with Thanksgiving baskets.

 $4 \cdot 2016$  annual report

# **Program Specific Outcomes**

#### **COMMUNITY-BASED PROGRAMS**

#### **Enhanced Outpatient Therapy (EOS)**

93%
of 3-mo post-discharge caregivers reported a better than average or excellent relationship

with their EOS team

91%

of 3-, 6-, and 12-mo post-discharge caregivers reported no hospitalizations 96%

of 3-, 6-, and 12-mo post-discharge caregivers reported no out of home placements

#### Multisystemic Therapy (MST)

74%

of clients achieved 75% or more of their treatment goals Professional Parent Programming (PPP):
Assessment Foster Care

76%

of clients remained in the same or lower level of care (73% and 3%, respectively) 65%

of clients achieved 75% or more of their treatment goals

#### Parenting with Love and Limits (PLL)

89%

of youth are living at home at discharge (only 4 of the 36 were not) 86%

of youth are in school or working at discharge

86%

of clients remained in the same or lower level of care (48% and 39%, respectively)

#### **RESIDENTIAL PROGRAMS**

#### **Main Street Program**

**85%**of clients showed improvement at discharge

69%

of clients achieved 75% or more of their treatment goals

#### Oakland Beach Program

**67%**of clients at Oakland Beach
Program showed improvemel
in behavioral / emotional



#### **Ridge Street Program**

63%

of clients at Ridge Street Program showed improvement in school

**75%** 

of clients met 50% or more of their treatment goals

#### **ADULT GROUP HOME**

**Lincoln House** 

4 out of 5
residents participated in day programs

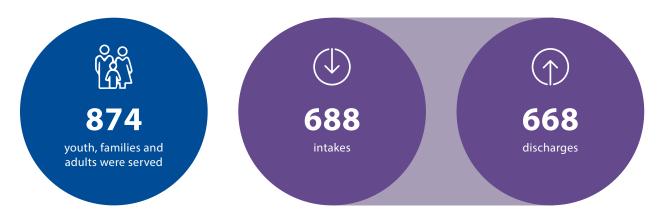
1 Resident

held down a competitive job since February 2016

6 • 2016 ANNUAL REPORT

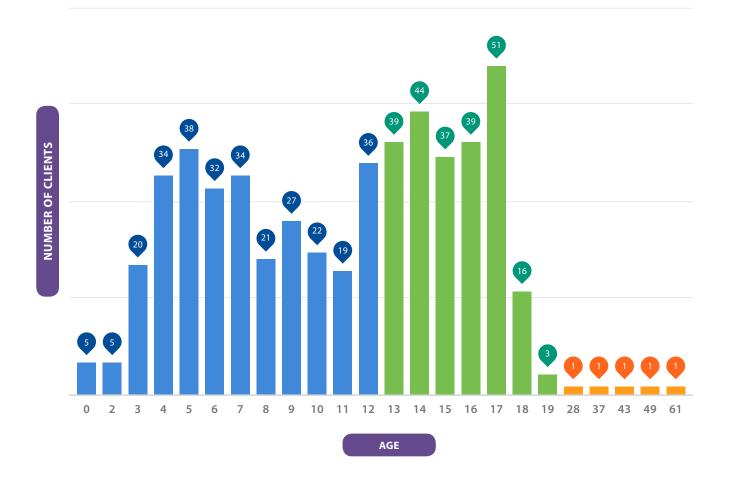
# Client Demographics

NUMBERS SERVED, INTAKES, DISCHARGES, AND AGES SERVED



#### **CLIENT AGES BASED ON INTAKE**

JAN. 1, 2016 - DEC. 31,2016



# **Project Turkey**

25TH ANNIVERSARY OF PROJECT TURKEY



#### In 2016 NAFI RI's annual Project Turkey community service project reached its 25th year!

Over the years, with the support of local businesses and fundraising by our clients and staff, we have raised over \$250,000 to provide Thanksgiving meals to families who could not otherwise afford them. This year has been a banner year. We were able to provide over 200 Thanksgiving baskets to some of the needlest families in Rhode Island. During our 25 years of 'giving back' we have extended beyond the Rhode Island area to assist our Troops during the Iraq War, aid The Red Cloud Reservation School in South Dakota and provide food to the Innerlight Afterschool Program in Phoenix, Arizona.

## **MASH Team**

NAFI RI MASH TEAM THROUGH THE YEARS



Founded in 2001, The NAFI RI MASH Team (Mobile Assistance for Safety, Support and Help) is a mobile crisis team comprised of 12 members. These hard-working, dedicated members encompass a wide range of positions from within our NAFI RI programs all with the mandate of assisting our programs in any support situation ranging from staff trainings, prolonged illnesses and crisis situations. As the MASH Team is unique to NAFI RI, they have also been called upon by several NAFI/NFI programs within the New England area, Florida and the mid-Atlantic region to assist in crisis situations.

8 · 2016 ANNUAL REPORT

## Staff of the Year



#### MAIN STREET

### Suzanne Murtagh

Sue has been an employee of NAFI for 17 years. She began as a direct care staff at the Main Street Program where she is currently the Assistant Director. She is reliable, dependable and gives 110%. Sue has grown tremendously throughout this year and is always willing to help the program be the best it can be. Sue has taken the lead role with customizing and implementing the Main St. Evolv documentation system. She is our lead fundraising person and organizes all our fundraising events for the year. Sue is also our Educational advocate building strong relationships with school administrators and advocating for the clients educational needs. Sue is always the first one to raise her hand to join event committees for the Agency. With her constant dedication and ownership to the clients, staff and community, Sue is an excellent teacher and role model.



#### LINCOLN HOUSE

#### Sherry Hicks

Sherry Hicks was chosen as the 2016 "Staff of the Year" for NAFI/ Lincoln House. She is a dedicated staff member on our team and she consistently exhibits respectful interaction with residents as well as her team members. Over the past year we have undergone numerous changes at the program and Sherry has been a tremendous asset. She worked tirelessly assisting with packing and moving items while the program was relocating. Sherry worked many hours to ensure the new house was setup and prepared for the residents to move in without effecting the day to day routine for the each resident. I cannot thank Sherry enough for everything she does for the program, the residents, and the staff. She is very dedicated and everyone at Lincoln House appreciates her.

"If it wasn't for [the Main Street] program, he most likely would not have progressed as well as he has over this past year. More importantly, I would not have met him and found the piece of my heart that was missing."



#### OAKLAND BEACH

#### Jonja Russo

Jonja has held many different roles at several of the NAFI Programs. Regardless of her position, whether it be Program Director or Direct Care Staff relief, she is invested in the kids, the program and NAFI as a whole. She is not only an essential part of the day to day at the Program, she always takes an active role in Network events and projects. Jonja's passion for working with the kids at NAFI shines through in her attitude and work ethic daily.



#### PROFESSIONAL PARENT PROGRAM

#### Tamyra Rico

Tamyra truly defines what it is to be a team member. She helps out on all levels of the program. Not only is she an excellent program clinician but she will provide case management if necessary and can support any of the many administrative roles. She has done an amazing job with organizing team building within the P3 team and truly will go above and beyond without any hesitation. She is consistent, dedicated and truly has the best interest of the foster families and clients that we serve in mind always as well as the whole P3 team.



#### MULTISYSTEMIC THERAPY PROGRAM (MST)

#### Brittany Calo

Brittany started with MST in November 2015. She came to the team as a shy, timid, new to the field therapist. Since joining the team, she has taken advantage of every opportunity to learn, practice and improve her skills. Today she speaks with confidence while meeting with her families and it shows in the progress her families make with her support. Brittany is also one of our strongest advocates in the community for our families and has prevented multiple out of home placements for clients. When Brittany joined the team we were a team of 3 and we were all new to our positions. We were in a place where we needed to grow and expand in order to survive. Brittany has supported our team above and beyond what is expected of her. She was an active part of Project Turkey and the clothing swap. She offers to support her team in taking the on call even covering cases when other clinicians are out. Brittany is a dedicated clinician, a leader amongst her peers and a role-model. She is an example of what NAFI truly stands for among her peers and in the community.

"Brittany's wonderful; she's like a family friend. She's very neutral and a good listener. She's very, very patient and checks in with us a lot – probably more than she has to. She's always there to support me too; I was previously very overwhelmed. Brittany's excellent!

We will miss her."

10  $\cdot$  2016 ANNUAL REPORT



#### PARENTING WITH LOVE AND LIMITS

#### Yesenia Rincon

Yesenia has been an integral part of the Parenting with Love and Limits Program since its inception in May of 2011. During the first three years of the program, she was the sole case manager supporting two clinicians and managing up to 28 clients at a time. She has been a great support to the program, especially during times of change. She has the ability to help the team navigate new challenges via her "No Nonsense Approach" and uses her "NAFI Knowledge" to keep the momentum of the PLL program moving forward. Yesenia makes herself available to help with any task at hand, including the development of PLL Outreach and Marketing Materials and supporting the Professional Parent Program with Case Management when needed. We are fortunate to have Yesenia as a part of our NAFI RI PLL Team!



### ENHANCED OUTPATIENT SERVICES

#### Erica Basilio

Erica has been one of the most important parts of the EOS program for over 3 years. She not only coordinates many pieces of the program, but she holds all the pieces together with her humor, her honesty, her commitment and her amazing intuition about what people need to keep them happy in their jobs. She has volunteered over and over to take on extra tasks when we were short- handed, and has never hesitated to learn new systems and tasks when needed. She has collaborated with all different parts of NAFI to take advantage of the wisdom of others, and at the same time helps all of the EOS staff to collaborate smoothly with each other. Her perspective, patience and reminders to all of us to just be goofy sometimes have helped us survive and thrive. We would not be the program we are without her. She is our shining star.

#### RIDGE STREET PROGRAM

#### Bonan Sok

In the short time that Bonan has been with NAFI, he has become an outstanding employee. He takes ownership in the Program going above and beyond for the kids in his care. He encourages the kids to participate in many outdoor activities such as hiking and biking riding and shows genuine interest in their well-being. He has been a tremendous support at Ridge Street during some very difficult times and has even supported our sister program, Oakland Beach when short staffed. In short Bonan is an allaround asset to the kids and staff at the Ridge St. Program.

## Our Team

#### **BOARD OF DIRECTORS AND OFFICERS**

Andy Quinn

Chairman

Hildy Paris

Treasurer

Dawn Alderucci

Clerk

Diana Bennett

Assistant Clerk

William Benjamin

Amanda Buckingham

Kim Opperman

Mark DeFanti

Glendaly Macci

#### **26 YEARS**

Mary Anne McIntyre Susan Reed

#### 24 YEARS

Gerardo Carnevale

#### 23 YEARS

John Basiliere

#### 22 YEARS

Karen Abbood Karen Lombardi Cox

#### 21 YEARS

Paul Castaldi

#### **20 YEARS**

Elizabeth Laplante Dawn Sparadeo

#### 19 YEARS

Cynthia Livsey

Dana Maguire

#### 17 YEARS

Anne Marie Armstrong Susanne Frament Kevin Moon Mark Rhynard Claudette Wallace Boahin Dianne Whitehead

Jeffrey Dinsmore Suzanne Murtagh

#### 14 YEARS

**16 YEARS** 

Jason Ginolfi

#### 13 YEARS

Hillary Ward Paul Crook Sherry Hicks



#### **12 YEARS**

Jessica Marcil

#### 11 YEARS

Stephanie Calise Denice Dorroh





James Cheever

#### **18 YEARS**



#### 10 YEARS

Ibrahim Alabi Jessica Lamkin Yesenia Rincon

#### 9 YEARS

Chantal Jackson Mayowa Ogundare Kelly Perron Leann Stellmach

#### 7 YEARS

David Forget Mai Nou Vang

#### 6 YEARS

Catherine Allen Julio Rivera Tracy Rave

#### 5 YEARS

Nanette Vanech

#### 4 YEARS

Thomas Aitkens
Silas Copeland
Matthew DePasquale
Stella Jurado
Curtis Jean Gilles
Mason Potter

#### 3 YEARS

Catherine Allard Marco Aveledo Daouda Ba Erica Basilio Karla Bergmann Martor Biah





THREE YEARS CONTINUED...

Bethany Decollibus Eric Fallon Michael Freeman Kristal Glaude Kristen Hodges Katrina Nichols Rebecca Pracht Amanda Provencal Kimberly Rakiec Tamyra Rico Alison Rodino Genesis Rodriguez Jonja Russo Sarah Soifert Katherine Stone Matthew Wilcox Dylan Wilcox

#### 2 YEARS

Jeffrey Bibeau
Christine Grover
David Hugh Isherwood
Stephanie Patterson
Derrick Perry
Dianna Rosa
Jonathan Tierney
Meury Tineo
Laura Tuscani
Jaime Kuehl

#### 1 YEAR

Avery Allen Markus Alvarado Kaytlin Barreira Gabriella Brehio Brittany Calo Samantha Cianci Carolyn Crews Brianna Daniele Turell Finona-Boyd Lauren Fox Mackenzie Hardman Daniel Hernandez Kate Lidestri Judith Mays Marissa Penardo Anthony Russo Malcolm Scott Bonan Sok Christina Tucciarone Lynn Weisman



#### LESS THAN A YEAR

Kellye Allen Gregory Benjamin Louise Campoy Kianely Capellan Luciana Cuthbert Alexandra Deperi Daniel Fanning Viviana Gonzalez Gomez Jerrod Grifka Ana Grullon Connor Kelley Emily Kindschy Brittany Lavigne Sergio Lopez-Ruiz Ashley Moniz Amanda Nathaniel Jacqueline Onasile Danielle Pacheco Artrella Page

LESS THAN A YEAR CONTINUED...

Elizabeth Paul
Adrian Pendergast
Atrik Pineda
Natalia Ramirez
Courtney Shea
Joseph Silvia Jr
Sherrie Tallo
Nina Vadnais
Houa Vang
Celine Vescera
Whitney Webster
Sarah Wignall
Rebecca Zub



14  $\cdot$  2016 annual report

# Creating Diverse and Innovative Services for People



